

## Willamette Invitational Recap

The Titans headed to Salem, OR to race at the Willamette Invitational for their third week of competition. The men started the morning covering an 8-kilometer (4.96 miles) course, while the women raced 5-kilometers (3.1 miles). Each of the teams competed against other Community Colleges, NAIA schools, Club Teams, and Unattached Individuals.

This men's race saw 312 competitors and was the first week the men were able to race five individuals and compete in the team standings. Travis Stevens (SO) was the Titan's lead runner for the second week in a row finishing in a very strong time of 25:25. Cesar Perez (FR) was back in the line-up after a week off and came in as the Titan's number two man running 26:06. Sterling Teall (FR) was running ill, but still had a competitive run to cross the line in a time of 26:41. Michael Bellamy (FR) continued to improve, finishing in 27:54. Erik Bateham (FR) rounded out the Lane runners with a huge improvement, finishing in 28:47. The men were 17<sup>th</sup> out of 28 Teams, but they were the 3<sup>rd</sup> out of 8 Community College Teams.

The women only competed with three runners this week, but still had a great showing among the 241 women competitors. MaCayla Claver (FR) was the Titan's lead female for the third week in a row finishing in a strong 18:48. Anne Hagy (SO) and Rita Krantz (FR) ran together the entire 5k distance to come in with very respectable times of 20:06 and 20:07

Coach Scholl was, "Very impressed with several of the performances on the day. We've continued to train hard and use these races as tune ups, but the athletes continue to run strong and compete. I'm excited to see how having this coming weekend off from racing will help us get even stronger."

### MEN

1	Southern Oregon	41
2	Embry-Riddle	49
3	British Columbia	94

### OVERALL

1	Abednego Magut (Azusa)	23:49
2	David Laney (SOU)	24:13
3	Michael Nicks (Bowerman AC)	24:14
4	Sam Vazquez (Embry)	24:14
5	Dave Marks (Lewis/Clark)	24:16

### LANE

Travis Stevens	50 <sup>th</sup>	25:25 (5:05)
Cesar Perez	87 <sup>th</sup>	26:06 (5:13)
Sterling Teall	133 <sup>rd</sup>	26:41 (5:20)
Michael Bellamy	202 <sup>nd</sup>	27:54 (5:37)
Erik Bateham	34 <sup>th</sup>	28:47 (5:46)

### WOMEN

1	Azusa Pacific	35
2	Biola	79
3	Concordia (CA)	139

### OVERALL

1	Jacky Kipwambok (Azusa)	16:51
2	Rocio Pelayo (Concordia)	17:26
3	Kristen Rohde (BAC)	17:31
4	Violet Mokaya (Concordia)	17:35
5	Lauren Jimison (Azusa)	17:37

### LANE

MaCayla Claver	42 <sup>nd</sup>	18:48 (6:07)
Anne Hagy	127 <sup>th</sup>	20:06 (6:31)
Rita Krantz	128 <sup>th</sup>	20:07 (6:31)

**RESULTS:** <http://nwaacc.org/crosscountry/index.php>